



# At the Intersection of Aging and Transportation

## *Creating Healthy Communities Conference*

Imagine going wherever you want to go, leaving when you want to, and connecting to the people and places that matter most to you. Now imagine losing that freedom. The distance to medical care, friends and family seems longer than ever before. Your health suffers. Without regular interaction, people fade away.

Every day, older adults in our communities face the impact of losing access to transportation, losing access to what they want in life. An exciting new FREE conference, *At the Intersection of Aging and Transportation*, is designed to bridge that gap. This event will feature compelling solutions that connect aging, health, and transportation through innovative programs. It will offer important insights about what is working and what can be done better. All we need is you!

You can make a difference in the lives of older adults. We need your insights and expertise in aging, health, and transportation. The Federal Highway Administration will share the recommendations and material developed at the conference into a curriculum for training transportation professionals nationwide.

This one-day event will bring together a wide variety of national experts to share data on the impact of aging on transportation services, focusing on the well-being of older adults. Topics in general sessions and breakout workshops include:

- The role of transportation in keeping older adults and communities healthy.
- Options for meeting the transportation needs of older adults.
- How technology shapes aging and access to transportation.
- Strategies for improving access to transportation in underserved communities.
- What can be done at a local, state and national scale to better meet the transportation needs of older adults now and in the future.

This event is made possible through the partnership of Age Friendly Arizona, AARP AZ, and the Vitalyst Health Foundation, with support from the Federal Highway Administration.



**Listen, learn, and let your voice be heard!**

Please join us:

# RSVP

- **Wednesday, March 27, 2019, from 8:30 a.m. until 3:00 p.m.**
- Phoenix Airport Marriott, 1101 N 44th St, Phoenix, AZ 85008
- To register: <https://vitalysthealth.wufoo.com/forms/x1z0xn4c1lulnvz/>

Please contact Amy St. Peter, *Maricopa Association of Governments*, for additional information at [astpeter@azmag.gov](mailto:astpeter@azmag.gov).

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*Creating Healthy Communities Conference*

**Phoenix Airport Marriott, 1101 N 44th St, Phoenix**

**Draft Agenda**

**Wednesday, March 27, 2019**



|                       |  |
|-----------------------|--|
| 8:30-9:00 a.m.        | <b>Registration, Breakfast, and Networking</b>   |
| 9:00-9:05 a.m.        | <b>Housekeeping</b>  |
| 9:05-9:10 a.m.        | <b>Welcome:</b> Karla Petty, <i>Federal Highway Administration</i>   |
| 9:10-9:15 a.m.        | <b>Introduction of Keynote Speaker*</b>  |
| 9:15-9:45 a.m.        | <b>Keynote: Successful Aging and Transportation*</b>   |
| 9:45-10:30 a.m.       | <b>Where Do We Go From Here?</b> Martha Rozelle, <i>PhD, Rozelle Group, Ltd.</i>   |
| 10:30-10:40 a.m.      | <b>Break</b>   |
| 10:40-11:30 a.m.      | <b>Transportation for Life: Breaking Down the Barriers as We Age*</b> <ol style="list-style-type: none"><li>1. <b>Moderator:</b> Jon Ford, <i>Vitalyst</i></li><li>2. AARP representative (TBD)</li><li>3. Representative Jennifer Longdon, <i>Arizona State Legislature</i></li><li>4. Sheila Sjolander, <i>Arizona Department of Health Services</i></li></ol>   |
| 11:30 a.m.-12:30 p.m. | <b>Luncheon Program*</b>   |
| 12:30-1:30 p.m.       | <b>Concurrent Workshops</b> <ol style="list-style-type: none"><li>1. <b>Leveraging Health Assets to Improve Transportation Outcomes*</b><br/>Kent Ellsworth, <i>Verde Valley Caregivers</i></li><li>2. <b>Empowering Underserved Communities through Transportation*</b><br/>David Carey, <i>Ability 360</i><br/>Connie Gastelum, <i>Southeastern Arizona Government Organization</i></li><li>3. <b>Impact of Aging on Transportation Needs and Wellness*</b><br/>Lisa Johnson, <i>City of Scottsdale</i><br/>Chris Bridges, <i>Central Yavapai Metropolitan Planning Organization</i></li></ol> |
| 1:30-1:40 p.m.        | <b>Break</b>   |
| 1:40-1:50 p.m.        | <b>The Transportation Imperative:</b> Queen Creek Mayor Gail Barney, <i>MAG Regional Council Chair</i>   |
| 1:50-2:45 p.m.        | <b>New Frontiers in Technology, Partnerships, and Transportation</b> <ol style="list-style-type: none"><li>1. <b>Moderator:</b> Dana Kennedy, <i>AARP AZ</i></li><li>2. Rob Antoniak, <i>Valley Metro</i></li><li>3. John Feather, <i>Grantmakers in Aging</i></li><li>4. Greg Rodriguez, <i>BB&amp;K, Attorneys at Law</i></li></ol>  |
| 2:45-3:00 p.m.        | <b>Closing Remarks*</b>  |
| 3:00 p.m.             | <b>Adjournment</b>   |

\* *Additional speakers pending.*