



Vitalyst Health Foundation

Improving well-being in Arizona by addressing root causes and broader issues that affect health.

From Health Care to Health. For more than 20 years, Vitalyst has served Arizona as a catalyst for community health and vitality. Established in 1996 following the sale of St. Luke’s Health System to a for-profit corporation, the foundation operated as St. Luke’s Charitable Health Trust (1996-1999) and St. Luke’s Health Initiatives (2000-2016).

Today, Vitalyst Health Foundation is an independent, non-partisan public foundation that has invested more than \$100 million and established itself as a key thought leader, convener and catalyst of key initiatives – ranging from statewide health policy and systems to development of local community gardens.

Our Vision. All individuals and communities in Arizona are healthy and resilient.

Our Mission. To inform, connect and support efforts to improve the health of individuals and communities in Arizona.

Our Priorities:

1. Increasing access to care and insurance coverage.
2. Working with municipal leaders to promote healthy community design.
3. Building community-based organizational capacity.
4. Promoting health innovation and collaboration.

Vitality + Catalyst = Vitalyst. The pursuit of our mission changed us over time, as any good journey should. Our work expanded beyond the traditional boundaries of health care. Our relationships, discoveries and learnings transformed us. They crystallized an identity that went outside the lines created by the St. Luke’s name. Research not only confirmed those lines, it also affirmed the community’s view of our foundation as working towards the purpose of community *vitality* by consistently and effectively serving as a community health *catalyst*. We brought the two words together to create an identity that we – and our community partners – can embrace today and well into our future together.

The Elements of a Healthy Community.

Informed by the work of the World Health Organization, the Centers for Disease Control and Prevention, and community partners, Vitalyst developed the Elements of Healthy Community wheel in 2016 to identify and demonstrate the interrelated nature of 14 community factors that impact health. The Elements are the building blocks of our efforts to elevate and integrate new partners into the process of realizing improved well-being and health for all Arizonans. Learn more about the Elements at livewellaz.org



A CATALYST FOR
COMMUNITY HEALTH

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Connect and Learn More. Access information about our priorities, publications, events, staff, trustees and more at vitalysthealth.org